

Physical Education Course Outlines

Tokyo International Progressive School
Mr. Jeffrey Visser

At TIPS, we strongly believe that students benefit from consistent physical activity and teamwork. No matter what their skill level or previous experience, all students participate fully in sports games and other physical activities.

To assuage this, students are graded solely on their adherence to the 6 Ps.

In addition, if there is student interest, TIPS teams and individuals participate in the International Schools of Tokyo Athletic Association (ISTA) or play 'friendly' matches against other schools.

Class Rules:

All TIPS rules apply in this class along with the following:

- No food or drinks in class (water only)
- No cell phones or electronic devices of any kind
- Students must be properly dressed for PE class BEFORE class begins and are NOT allowed to wear their PE clothes after school.
- Following PE class, students must either be off the premises or in WIN by 3:25 pm.

The grading for this course will be:

A+	98-100
A	93-97
B+	90-92
B	85-89
C+	82-84
C	77-81
D+	74-76
D	70-73
F	69 or below

Class Grade Example:

If a student is punctual and prepared at the beginning of class, participates in all activities with good sportsmanship, assists the coaches when setting up or concluding activities and follows the the rules, that student gets a 9 (B+) for the day.

If, in addition to the description of above, a student shows leadership, makes an extra effort or is particularly helpful with coaches and classmates, that student will earn a 10 (A+) for the day.